



<b>Preschool Levels (6 mo - 5 yrs)</b>	
<b>Water Babies 6 mo - 2 yrs</b>	You and your child will be orientated to the water through songs and games.
<b>Sea Turtle 2 - 5 yrs</b>	For toddlers and their caregivers, learn how to perform basic floats, glides, and kicks.
<b>Sea Otter 3 - 5 yrs</b>	This is a transitional level that transfers the preschooler to the care of an instructor. Using games and activities, swimmers learn to open their eyes under water, further develop basic floats and glides.
<b>Salamander 3 - 5 yrs</b>	Can move comfortably and float without assistance, and put their face in the water.
<b>Sun Fish Under 6 yrs</b>	Can enter shallow water safely; float and glide on front and back without assistance; move around in a PFD, perform rhythmic breathing 3 times.
<b>Crocodile Under 6 yrs</b>	Can jump into chest deep water, do front and back floats and recover and front crawl for 2 meters.
<b>Whale Under 6 yrs</b>	Can float front and back, exhale through mouth and nose; flutter kick while gliding on front and back; swim front crawl 10 meters continuously.

<b>Group Lessons Prices</b>	
<b>Preschool</b>	10 Half Hour Lessons - \$46.95
<b>Swim Kids 1-7</b>	10 Half Hour Lessons - \$46.95
<b>Swim Kids 8-10</b>	10 One Hour Lessons - \$72.95

<b>Swim Kids Levels (6 years and up)</b>	
<b>Level 1</b>	Same as Salamander but 6 years and older.
<b>Level 2</b>	Same as Whale but 6 years and older.
<b>Level 3</b>	Deep water activities; can breathe rhythmically 10 times; glides front and back with kick for 5m, and swim 10m continuously.
<b>Level 4</b>	Can swim front crawl at least 5 meters, arms recovering above the water; and swim 15 meters continuously.
<b>Level 5</b>	Can surface support 45 seconds; swim front crawl at least 10 meters; swim on back with kick 10 meters, swim 25 meters continuously.
<b>Level 6</b>	Can swim front and back crawl at least 15 meters; perform the whip kick on back at least 5 meters; perform kneeling dive and swim 50 meters continuously.
<b>Level 7</b>	Can swim front crawl and back crawl at least 25 meters; swim coordinated elementary backstroke at least 15 meters; and swim 75 meters continuously.
<b>Level 8</b>	Can swim front crawl and back crawl at least 50 meters; swim elementary backstroke 25 meters; whip kick on front 15 meters; and swim 150 meters continuously.
<b>Level 9</b>	Can swim front crawl and back crawl at least 75 meters; swim elementary backstroke 25 meters; swim head first sculling on back 0 meters; perform a stride jump; swim 300 meters continuously.
<b>Level 10</b>	Can swim front crawl and back crawl at least 100 meters; swim elementary backstroke and breaststroke 25 meters; swim 400 meters continuously.